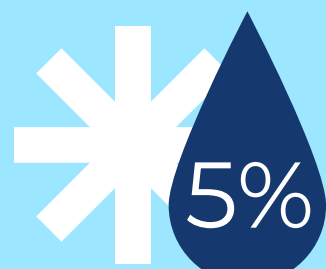
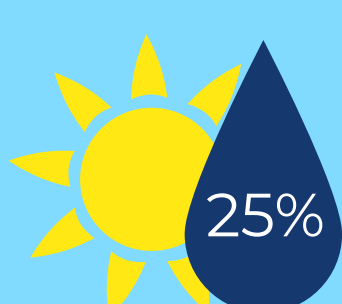


Dangers Of A Damp Home

Why Damp Homes Can Be Dangerous



According to WHO estimates, 15% of dwellings in cool climates have signs of dampness and 5% have signs of mold.



For warm climates, those numbers jump to 20% dampness and 25% mold.



With people spending an average of 16 hours a day at home, addressing dampness before it becomes dangerous is essential.



Those living in damp, moldy houses are at an increased risk of:

- Respiratory issues
- Skin allergies
- Chronic health problems
- Depression



People at a higher risk of health dangers from damp housing include:

- Babies and children
- The elderly
- Those with existing skin problems
- Those with allergies, asthma and other respiratory problems
- Those with a weakened immune system

Areas Susceptible to Moisture



Attic



Bathrooms



Kitchen



Laundry Room



Basement



Crawlspace

How to Prevent Moisture in the Home

1

Use open windows and fans to circulate air throughout the house.

2

Ensure gutters and siding are working properly to deflect water from the house.

3

Repair any leaks or seepage issues as soon as they are found.

4

Improve air circulation above the shower with a bathroom fan.

5

Utilize a range hood to extract steam while cooking.

6

Install a vapor barrier between the concrete and subflooring.

7

Place a plastic cover over exposed dirt in crawl spaces and ensure they're well ventilated.

8

Replace air conditioning and furnace filters routinely to maintain air quality.

9

Run a dehumidifier to keep indoor humidity below 60%.

10

Work with a concrete contractor to address any concrete foundation issues or to prevent problems when laying a new foundation.